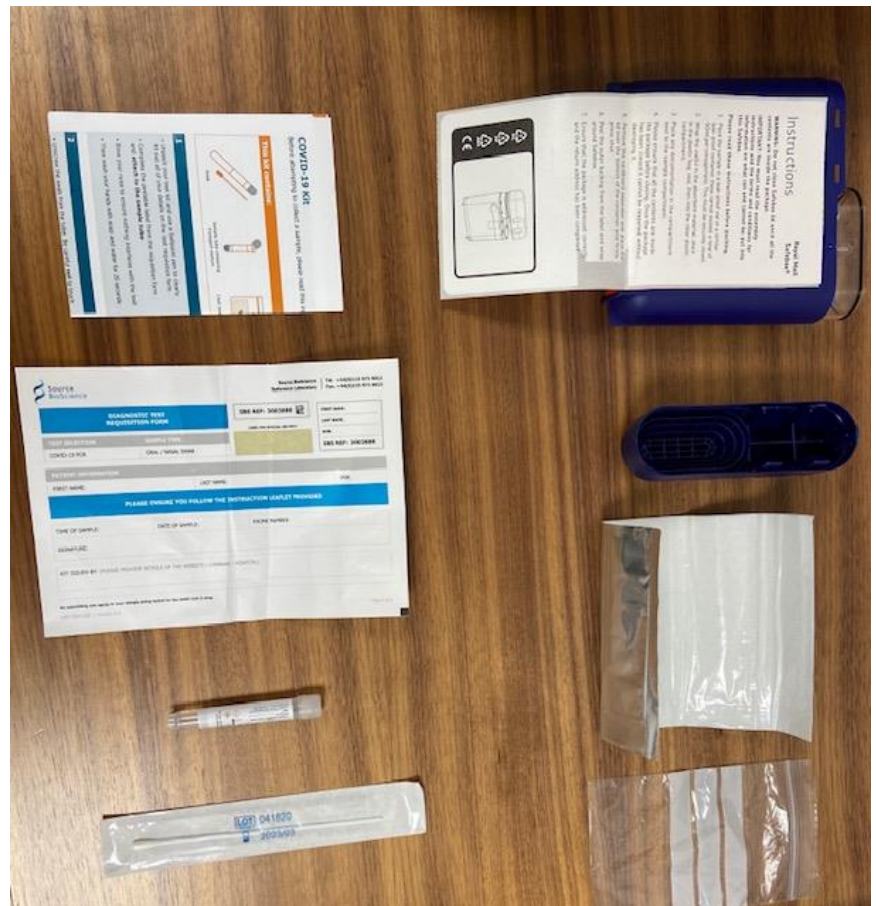


Covid swab test

Inside the envelope you will find:

- Instructions leaflet on how to take the swab
- A swab
- A return tube
- A silver absorbent pad
- A plastic bag with seal
- A test form for completion
- A return box
- A return box lid





- Read the instructions and start by writing your details on the test form provided
- Peel off the label on the top right hand side of the form, and attach to your test tube (this label has your name/ DOB and SBS ref number)



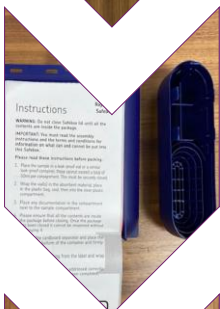
- Blow your nose, and follow instructions on washing your hands
- Remove the swab from the packet – ensure you do not touch the fabric end on anything
- Follow the instructions on how to complete the swab
- Place the swab in the test tube which contains some liquid
- Snap the stick – so the lid to the tube can be screwed back on



- Once the swab is inside the test tube – screw the lid on tightly and slip into one of the tube holders in the silver pockets of the absorbent material



- Please this silver package into the small plastic bag with seal



- Place the sealed bag into the right hand side of the blue returns box
- Place the form in the left hand side of the returns box



- Once you are sure that the swab and form are inside the box – click the box closed using the lid
- **Once the box is sealed it cannot be undone**
- Unpeel the red label and seal the box
- Return to the post office

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